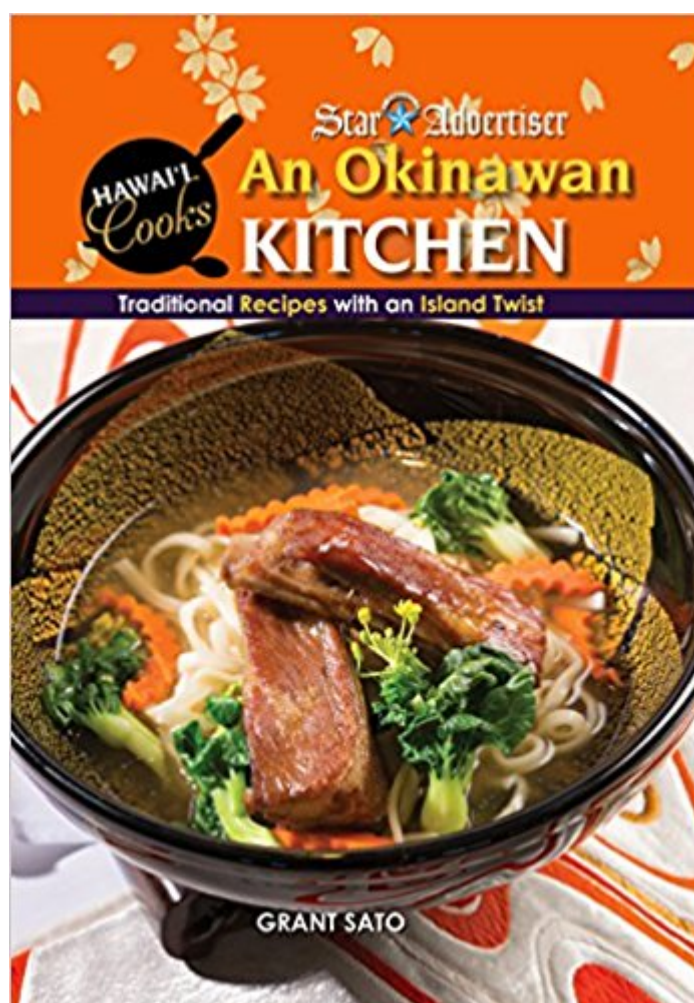


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Okinawan Kitchen: Traditional Recipes With An Island Twist (Hawai'i Cooks)



Synopsis

This book of traditional Okinawan recipes is for those who seek to finally master classic rafute (braised pork) and goya champuru (bitter melon stir-fry). It is for the adventurous cook willing to discover new takes on Okinawan flavors, such as char-broiled tuna with a bright sesame dressing. And for those who would just like a steaming bowl of Okinawan soba. Whatever your motivation, for dessert it's andagi an Okinawan doughnut so solid and tasty it will anchor any meal. Now you can call it a day, Uchinanchu-style.

Book Information

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Customer Reviews

This book is one of the Hawaii Cooks Series. It is a good primer on Okinawan cooking with an acknowledgement of the changes made when adapted to island of Hawaii. The recipes are quite manageable. The glossary helps if your unfamiliar with an ingredient. The first dish I made was rafute, an Okinawan classic pork belly dish. The dish exploded with Asian flavor. Oh. did I mention, the Okinawan's love pork.

I am not a good cook so my friends were so surprised with the dishes that I brought to a dinner gathering. The book is well-written -- fun to read, easy recipes to follow & the dishes were interesting & delicious! Highly recommended.

Best Okinawan cookbook. Easy to follow instructions and helpful hints on preparing certain items

(bitter melon). My Baban (grandmother) would be so proud.

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